## Gratitude Treasure Hunt

Explore your surroundings and find things you're grateful for. How do they make you feel?



Something that makes you smile



Find someone that makes you happy



Find something beautiful



Find something that reminds you of a good memory



Find something that is unique to you



Find something that makes you feel calm



Find something that represents you



Find something that makes you feel safe



Find something you love in nature



Find something you can share with someone else



Find something you are grateful for



Find something that reminds you of a loved one

